

CAMPER'S NAME: _____
SESSION(S) _____

Attention Divers and Parents:

U.S. Diving (Gabriel, 1990) recommends that all U.S. Diving coaches provide divers and parents with a warning of the potential dangers inherent within the sport of diving.

Diving, as is the case with all sports, carries the risk of physical injury. The risk of injury includes minor injuries such as bruises, and more serious injuries such as broken bones. Dislocations, and muscle pulls. But the risk of also includes catastrophic injuries such as permanent paralysis or even death from landings or falls on the back, neck, or head.

No matter how careful the diver and coach are, no matter how many spotters are used, no matter what height is used or what landing surface exists, the risk of injury cannot be totally eliminated.

U.S. Diving, the National Collegiate Athletic Association (NCAA), and the National Federation of State High School Associations (NFSHA), report **NO** record of fatalities or catastrophic injuries in the history of competitive diving within their organizations (Gabriel, 1988).

Gabriel, J. L. (1988). Diving safety, a position paper. Indianapolis: U.S. Diving Publications.

Gabriel, J. L. (1990). U.S. diving safety manual. Indianapolis: U.S. Diving Publications.

I have read and understood the information about diving safety.

Camper's Name (Print)

Camper Signature

Parent Signature

Date

For Office Use Only: Date Received _____ Confirmation _____
